



Ebola PPE Checklist for Hospital Healthcare Workers* Donning PPE, N95 Respirator Option

*This Ebola PPE checklist is based on the Centers for Disease Control and Prevention (CDC) guidance current as of October 20, 2014. For the latest PPE guidance from CDC, visit: <http://www.cdc.gov/vhf/ebola/hcp/procedures-for-ppe.html>

Donning PPE, **N-95 Option**

Required Supplies

- Designated clean area
- Trained observer
- Trained healthcare worker
- Impermeable chair or bench
- Hospital grade disinfectant
- Alcohol Based Hand Rub (ABHR)
- Boot or Shoe Covers
- Washable shoes
- Surgical Scrubs or Disposable Clothing
- Gown or Coverall
- Single-use (disposable) nitrile examination gloves with extended cuffs
- Single-use (disposable) fluid-resistant or impermeable apron that covers the torso to the level of the mid-calf
- Single-use (disposable) fluid resistant N-95 respirator
- Single-use (disposable) surgical hood extending to shoulders
- Single-use (disposable) full face shield

1. ☐ **Engage Trained Observer:** The donning process is conducted under the guidance and supervision of a trained observer, who confirms visually that all PPE is serviceable and has been donned successfully.

2. ☐ **Remove Personal Clothing and Items:** Change into surgical scrubs (or disposable garments) and dedicated washable (plastic or rubber) footwear in a suitable, clean area. No personal items (e.g., jewelry, watches, cell phones, pagers, pens) should be brought into patient room.

3. ☐ **Inspect PPE Prior to Donning:** Visually inspect the PPE ensemble to be worn to ensure that it is in serviceable condition, that all required PPE and



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supplies are available, and that the sizes selected are correct for the healthcare worker.

4. ☐ **Perform Hand Hygiene:** Perform hand hygiene with ABHR. When using ABHR, allow hands to dry before moving to next step.
5. ☐ **Put on Inner Gloves:** Put on first pair of gloves.
6. ☐ **Put on Boot or Shoe Covers.**
7. ☐ **Put on Gown or Coverall:** Ensure gown or coverall is large enough to allow unrestricted freedom of movement. Ensure cuffs of inner gloves are tucked under the sleeve of the gown or coverall.
8. ☐ **Put on N95 Respirator:** Put on N95 respirator. Complete a user seal check.
9. ☐ **Put on Surgical Hood:** Over the N95 respirator, place a surgical hood that covers all of the hair and the ears, and ensure that it extends past the neck to the shoulders. Be certain that hood completely covers the ears and neck.
10. ☐ **Put on Outer Apron (if used):** Put on full-body apron to provide additional protection to the front of the body against exposure to body fluids or excrement from the patient.
11. ☐ **Put on Outer Gloves:** Put on second pair of gloves (with extended cuffs). Ensure the cuffs are pulled over the sleeves of the gown or coverall.



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12. ☐ Put on Face Shield: Put on full face shield over the N95 respirator and surgical hood to provide additional protection to the front and sides of the face.

13. ☐ Verify: After completing the donning process, the integrity of the ensemble is verified by the trained observer. The healthcare worker should be comfortable and able to extend the arms, bend at the waist, and go through a range of motions to ensure there is sufficient range of movement while all areas of the body remain covered. A mirror in the room can be useful for the healthcare worker while donning PPE.

14. ☐ Disinfect Outer Gloves: Disinfect outer-gloved hands with ABHR. Allow to dry prior to patient contact.

15. ☐ Verify that there is no visible skin or hair exposed.

16. ☐ Proceed to patient contact.